

Professional Learning Workshop: You Got This!

Teaching and Learning That Works for Newer Teachers

Presented by Tawnya Johnston

Who: All ETFO-YR members (permanent contract) (for teachers within their first 3 years)
Date: Thursday, January 22, 2026; 9:00a.m. to 3:00p.m.
Release time and lunch will be provided.

Location: ETFO-YR Office - 30 Eric T. Smith Way Aurora (lower level)
Space is limited to 24 participants, so register EARLY!

In this energizing workshop, participants explore the importance of stress management, student-teacher relationships, proactive program design and effective interventions. Feelings of anxiety and stress are a normal part of teaching, but how we manage these emotions is critical to our success and the success of our students. All students matter and deserve to be treated respectfully, even when they present challenges. When we effectively assess, plan, and program for student needs, we create the conditions where students and teachers succeed. Participants will explore the importance of mindset, student-teacher relationships, program design, effective interventions, and how to create and manage learning environments where we support students' social, emotional, and academic needs. We will share effective, yet simple-to-implement strategies to motivate students while managing classrooms effectively.

For teachers within their first 3 years!

"EMAIL ONLY" REGISTRATION PROCESS

Please email your **NAME, SCHOOL, PHONE NUMBER, PERSONAL/NON-BOARD EMAIL ADDRESS, DIETARY REQUIREMENTS (RELIGIOUS or MEDICAL only)** and the **NAME and DATE OF THE WORKSHOP** you are interested in to Jennifer Muir-Birtles at jmuirbirtles@etfo-yr.on.ca no later than **3pm on December 18, 2025**. We will then conduct a draw for the participants. You will receive confirmation of your registration, information about lunch and the applicable release time codes by personal/non-board email.

Brought to you by the ETFO-YR Professional Learning Committee

Attention: please make sure your email filters will allow email from jmuirbirtles@etfo-yr.on.ca