

Professional Learning Workshop:

What You Do Matters:

Professional Learning for Mid-Career Teachers

Presented by Jason and Tawnya Johnston

Who: All ETFO-YR members (permanent contract) (for teachers with 10+ years of experience)

Date: Tuesday, December 9, 2025; 9:00a.m. to 3:00p.m.
Release time and lunch will be provided.

Location: ETFO-YR Office - 30 Eric T. Smith Way Aurora (lower level)
Space is limited to 24 participants, so register EARLY!

In this inspiring session, experienced teachers explore ways to maintain energy, protect their well-being, and reconnect with their purpose. With practical tools, peer insights, and a supportive environment, you'll leave feeling recharged and recommitted to making a difference. There is no doubt that today's classrooms present challenges. This workshop reminds us that we have far more control than we sometimes realize. From time to time, we all need encouragement, strategies, and ideas to create a renewed sense of optimism about teaching. Throughout the session, we will focus on the importance of maintaining one's health while teaching effectively. Together we will share our successes, experiences, and challenges as we gain valuable insights, ideas and strategies to improve our career.

"EMAIL ONLY" REGISTRATION PROCESS

Please email your **NAME, SCHOOL, PHONE NUMBER, PERSONAL/NON-BOARD EMAIL ADDRESS, DIETARY REQUIREMENTS (RELIGIOUS or MEDICAL only)** and the **NAME and DATE OF THE WORKSHOP** you are interested in to Jennifer Muir-Birtles at jmuirbirtles@etfo-yr.on.ca no later than **3pm on November 18, 2025**. We will then conduct a draw for the participants. You will receive confirmation of your registration, information about lunch and the applicable release time codes by personal/non-board email.

Brought to you by the ETFO-YR Professional Learning Committee

Attention: please make sure your email filters will allow email from jmuirbirtles@etfo-yr.on.ca