



**ETFO – YORK REGION**  
30 Eric T Smith Way  
Aurora, Ontario L4G 0Z6  
Telephone: (905)-727-7014 or (416) 798-7863  
Fax: (905) 727-2637

**Please  
Announce  
and Post**

Love to unwind in a hot tub or sauna? How about the thrill of an ice plunge?

**Join the ETFO-YR Social Committee at**

**VETTÄ Nordic Spa**

**Saturday, March 29, 2025**

**1:30 – 4:30 p.m.**

**3210 Line 3 North, Oro-Medonte**



**\$100.00 per ticket**

**(regular \$129.95)**

Vetta is a four-season Nordic spa that is designed around the age-old Finnish tradition of hydrotherapy. Your afternoon includes access to all saunas, steam rooms, hot and warm pools, cold plunges, hot stone beds, and relaxation areas. During your thermal experience, you will alternate between periods of hot, cold, and relaxation. For optimal health benefits, 3 repetitions of the cycle, taking 2-3 hours, are ideal. This practice is proven to boost your immunity and improve your overall well-being

**Open to ETFO-YR Members + 1 guest (Must be 19+)**

**Only 40 tickets available - First come, first served!**

To register send by Board courier or drop off at the ETFO-YR office, a completed registration form and payment (cheque or cash). ETFO-YR will send out a confirmation email to participants.

Registrations are due by **Thursday, March 6 at 4:30 p.m.**

**Note: Upon arrival at Vetta, members and guests will be required to provide government issued identification and a credit card for incidental fees**

Please contact the ETFO-YR office at (905) 727-7014 for any questions.

**Registration Information for VETTA Nordic Spa Saturday, March 29, 2025, 1:30 to 4:30pm**

ETFO-YR Member Name (first and last):

\_\_\_\_\_ School: \_\_\_\_\_

Non-Board Email Address:

\_\_\_\_\_ Phone: \_\_\_\_\_

**Information Required by VETTA Nordic Spa**

**Preferred Gender Identity - required by the Spa for registration regarding change room numbers.**

Both universal and gendered change rooms/washrooms are available at the Spa: \_\_\_\_\_

Are you purchasing tickets for an additional guest? \* Yes/No

Guest Name (first and last) *and* preferred gender identity: \_\_\_\_\_

**Note\*: All Guests must be 19+. Government-issued ID & credit card are required upon arrival**

**Registration Information for VETTA Nordic Spa Saturday, March 29, 2025, 1:30 to 4:40pm**

ETFO-YR Member Name (first and last):

\_\_\_\_\_ School: \_\_\_\_\_

Non-Board Email Address:

\_\_\_\_\_ Phone: \_\_\_\_\_

**Information Required by VETTA Nordic Spa**

**Preferred Gender Identity - required by the Spa for registration regarding change room numbers.**

Both universal and gendered change rooms/washrooms are available at the Spa: \_\_\_\_\_

Are you purchasing tickets for an additional guest? \* Yes/No

Guest Name (first and last) *and* preferred gender identity: \_\_\_\_\_

**Note\*: All Guests must be 19+. Government-issued ID & credit card are required upon arrival**